

LEFT-OVERS CAN OFTEN BE USED TO ADVANTAGE

Little Time and Energy Can Make Spare Meats and Vegetables Into Palatable Dishes—Best Way to Make Croquettes.

BY MRS. M. A. WILSON
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Left-over meats and vegetables may be turned into palatable food with just a little time and energy. The basis of all croquettes should be a good thick molding sauce that will give a product that is creamy and delicious to taste.

Owing to the fact that croquettes and cutlets are usually fried in hot fat, it is not necessary to add either shortening or butter to the cream sauce.

The true secret of good croquettes or cutlets is to have the mixture rich and creamy. Mold into croquettes and then dip in flour, then in the egg mixture and finally roll in fine crumbs. Fry until golden brown in hot fat.

How to make the foundation:

Place in a saucepan:
One cup of milk.
Six level tablespoons of flour.

Stir to dissolve the flour and then bring to a boil. Cook slowly for five minutes and then add the flavoring and seasoning. Set aside to cool and then mold into croquettes, roll in flour, dip in beaten egg and then roll in fine bread crumbs, and fry until golden brown in hot fat.

Cheese Croquettes.

Prepare the sauce as given above and add:
One tablespoon of grated onion.
One teaspoon of salt.
One teaspoon of paprika.
One teaspoon of grated cheese.
Two tablespoons of finely minced parsley.

Mix thoroughly and then turn on a large platter and set in a cool place for four hours to mold into shape. Roll in flour, dip in beaten egg and then in fine bread crumbs, and fry until golden brown in hot fat.

Nut and Pepper Croquettes.

Two green peppers.
Two medium-sized onions.
Mince very fine and then parboil and drain. Turn on a cloth and pat dry. Place in a bowl and add:
One cup of cream sauce, made as given in the method.
One-half cup of finely chopped nuts.

One teaspoon of salt.
One teaspoon of paprika.
Three tablespoons of grated cheese.
Mix thoroughly and then pour on a large platter and allow to cool. Then finish as directed for cheese croquettes.

Egg Croquettes.

Prepare a sauce as directed in the method and then add:
Two hard-boiled eggs, rubbed through a sieve.
One teaspoon of salt.
One teaspoon of paprika.
One tablespoon of grated egg.

Mix thoroughly and then pour on a large platter and allow to cool. Then finish as directed for cheese croquettes.

Wash and soak overnight three-quarters cup of baby lima beans. In the morning parboil until tender and then drain until very dry. Now put:

One green pepper.
One medium-sized onion.
Four pieces of bacon.
Through a food chopper. Place in a pan and cook until the onions and peppers are soft. Drain free from fat and then put the beans through the food chopper and add:

The prepared onion.
One teaspoon of salt.
One teaspoon of paprika.
Two tablespoons of finely minced parsley.

Mix thoroughly and then mold into croquettes and dip in flour, then in beaten egg and then roll in fine bread crumbs. Fry until golden brown in hot fat.

Left-over meat may be minced fine and seasoned as follows: Put a sufficient amount of cold cooked meat or fish through the food chopper to measure three-quarters cup and add:

Four branches of parsley.
Place the mixture in a bowl and add:
One teaspoon of salt.
One teaspoon of paprika.
One cup of cream sauce.

Made as directed in the method, then the finely chopped meat and one teaspoon of Worcestershire sauce. Mix thoroughly and then set aside to cool. Form into croquettes and roll in flour, dip in beaten egg and then roll in fine bread crumbs, and fry until golden brown in hot fat.

Cold beef, lamb, chicken, veal, ham or crab meat or fish may be used for this delicious method of serving an entire. Nuts, eggs, cheese, both cold tags or pot and store cheese, may be used. Dried peas, lima beans, navy and lentils will afford a splendid variety to your housewife who must provide cheap protein dishes.

The difference between a croquette and a cutlet is just in the shape. Croquettes are shaped either in the cylindrical or conical forms, and cutlets in either round, triangle or chop shape.

To prepare the egg for dipping add four level tablespoons of evaporated milk and beat hard to thoroughly blend. Place croquettes or cutlet on wire spoon and use a brush to pour the beaten egg over the croquette.

To prepare the crumbs dry all pieces of stale bread thoroughly. No bit is too small; a crust or even the crumbs left from cutting the bread. Put the crumbs through the food chopper and then sift through the colander; either put the coarse crumbs through a sieve or use a second time of keep them for another dish.

Always serve either a cream or tomato sauce with croquettes and cutlets, and garnish them with parsley or dices.

China Cat was so big and lifelike that he had fooled more than one person as she sat on the porch, and she was very proud of the fact.

The playroom toys had listened many times to her boating and how she was the most lifelike of all the toys, so that when one day Big Bulldog, with little wheels you could see under his feet, came to live in the playroom, the toys were rather glad.

For little Bulldog was very lifelike, too, and he would tell how he had been taken for a real live puppy, which made China Cat jump her back with anger.

"I cannot understand," she would say, "how anyone who ever saw a real dog could be so fooled by you. Why, you are not as large as a real dog."

Then little Bulldog would snap at her and tell her his coat was made from the skin of a real dog, while she was only made of china, like dishes. Every night when the clock struck the hour of midnight the toys knew there would be a quarrel between China Cat and little Bulldog, but one night it came to an end, and peace reigned in the playroom ever after.

It happened that little Bulldog had been left one night standing on the shelf in the playroom right over the fireplace, and China Cat, who dearly loved to be near a fire, had been put in front of the fireplace and left there by and by, just as the last stroke of the hall clock sounded, little Bulldog pricked up his ears and looked about and right under him sat his enemy.

He had never before had the advantage of China Cat, and now he decided that one and for all time he would punish her for all her unkind treatment.

It may have been the auto that was passing outside the house that jarred him, but the toys who were looking say he jumped right off the shelf, and

Mix and then turn on a large platter to mold and finish as directed for cheese croquettes.

Lima Bean Croquettes.
Wash and soak overnight three-quarters cup of baby lima beans. In the morning parboil until tender and then drain until very dry. Now put:

One green pepper.
One medium-sized onion.
Four pieces of bacon.
Through a food chopper. Place in a pan and cook until the onions and peppers are soft. Drain free from fat and then put the beans through the food chopper and add:

The prepared onion.
One teaspoon of salt.
One teaspoon of paprika.
Two tablespoons of finely minced parsley.

Mix thoroughly and then mold into croquettes and dip in flour, then in beaten egg and then roll in fine bread crumbs. Fry until golden brown in hot fat.

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Four branches of parsley.
Place the mixture in a bowl and add:
One teaspoon of salt.
One teaspoon of paprika.
One cup of cream sauce.

Made as directed in the method, then the finely chopped meat and one teaspoon of Worcestershire sauce. Mix thoroughly and then set aside to cool. Form into croquettes and roll in flour, dip in beaten egg and then roll in fine bread crumbs, and fry until golden brown in hot fat.

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The playroom toys had listened many times to her boating and how she was the most lifelike of all the toys, so that when one day Big Bulldog, with little wheels you could see under his feet, came to live in the playroom, the toys were rather glad.

For little Bulldog was very lifelike, too, and he would tell how he had been taken for a real live puppy, which made China Cat jump her back with anger.

"I cannot understand," she would say, "how anyone who ever saw a real dog could be so fooled by you. Why, you are not as large as a real dog."

Then little Bulldog would snap at her and tell her his coat was made from the skin of a real dog, while she was only made of china, like dishes. Every night when the clock struck the hour of midnight the toys knew there would be a quarrel between China Cat and little Bulldog, but one night it came to an end, and peace reigned in the playroom ever after.

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At the Movies

THEATRE—Oliver Thomas in "The Spite Bride."
THEATRE—Priscilla Dean in "The Exquisite Thief."
BROADWAY—Antia Stewart in "Hanna Desire."
THEATRE—Bert Lyell in "One-Thing-a-Time O'Day."
THEATRE—All week, "A Man's Fight."
THEATRE—William Farnum in "The Lone Star Ranger."
THEATRE—Pete Morrison in "The Java of Justice."
THEATRE—Theda Bara in "The Darling of Paris."

AMUSEMENTS

Lyric's Week-End Bill.
Bristling with enthralling features from the Keith clearing house for smart vaudeville is the new show that comes to the Lyric for the week-end. A wide diversity of entertainment is disclosed in the list of attractions. The Four Buttercups, a quartet of character comedienne, will form a unique feature. They impersonate Irish, English, Swedish and "tough" characters in a singing, dancing and comedy skit. Billy Hart and His Circus Girls promise an other unconventional act, offering bits of vaudeville and bits of circus diversion. A quartet of singing comedienne, the Elm City Four, will entertain with songs, quips and merry pranks, each of the four being a solo vocalist. Will Mahoney, eccentric comedian, is going to show his budget of songs, jokes and funny stories, and Edna May, with her trio of whirlwind Arab impersonations, is offering a spectacular theatrical creation of her own. Nine motion pictures include history-making events of the month in America and overseas.

Advice to Lovelorn

By Beatrice Fairfax

Richmond, August 19, 1919.
My dear Miss Fairfax:—I wrote to you about three months ago, but have never seen my letter in print. Will you please look it up and print it in The Times-Dispatch.

Thanking you, I am, yours sincerely,
ROBERTA.

Roberta is like a lot of other people, who, because they miss seeing something in a newspaper, decide immediately that it has never been printed. And, anyway, if the letter had been left out of this column for three months it would be a safe bet that it wasn't worth the space to print it in, but, in this case, Roberta's letter was printed. If she failed to see it, it is her own misfortune and not that of The Times-Dispatch.

WEDDINGS AND ENGAGEMENTS

LYNCHBURG, August 20.—Charles Henry Perkins and Miss Gertrude Elsie Evans, both of Lynchburg, were united in matrimony at the residence of Rev. P. E. Arthur, pastor of South View Methodist Church, Rev. Dr. John Hanson, of the Methodist Church, performed the ceremony.

FREDERICKSBURG, August 20.—Mr. and Mrs. Emil Levy, of Orange, announce the engagement of their daughter, Miss Fay, to David Harrison, of New York, the marriage to take place in the fall.

LYNCHBURG, August 20.—Mrs. Bertha Lee Ogden, nee Rucker, and James A. Burdette, both of Lynchburg, were united in matrimony at the residence of Rev. P. E. Arthur, pastor of South View Methodist Church, Rev. Dr. John Hanson, of the Methodist Church, performed the ceremony.

FREDERICKSBURG, August 20.—Miss Winifred, nee Walker, of Salisbury, Middlesex County, and Dietrich U. S. M. V. were united in marriage August 7 at the Methodist Church at Salisbury, Rev. R. V. Owen officiating.

FREDERICKSBURG, August 20.—Miss Arline Goodman, of Portlaw, Spotsylvania County, and J. J. Woody, of Gladstone, Nelson County, were united in matrimony August 7 at the residence of Mr. and Mrs. J. L. Goodman, of Portlaw.

NOW READY

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Leonard

"Cleanable"

The Refrigerator with the one-piece porcelain lining, having round corners—easily cleaned.

At the prices we ask the Leonard is the lowest priced high-grade Refrigerator on the market. Don't buy until you see it.

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25 WEST BROAD STREET.

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Diamonds—

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A Gorgeous

Display of These

Sparkling Stones

Beautiful, flawless diamonds—each selected by our experts for size, style and purity of color. Be sure you purchase yours of a reliable dealer—one who knows diamond values. Let us advise you in this important selection. Our prices are lower.

Watches—Standard Make—

Reliable.

J. T. ALLEN

& CO.

JEWELERS

14th and Main Streets.

Diamond Engagement Rings

This old established house is still headquarters for

FINE DIAMONDS

and under our guarantee all risks of selecting and imperfect stone here is entirely eliminated.

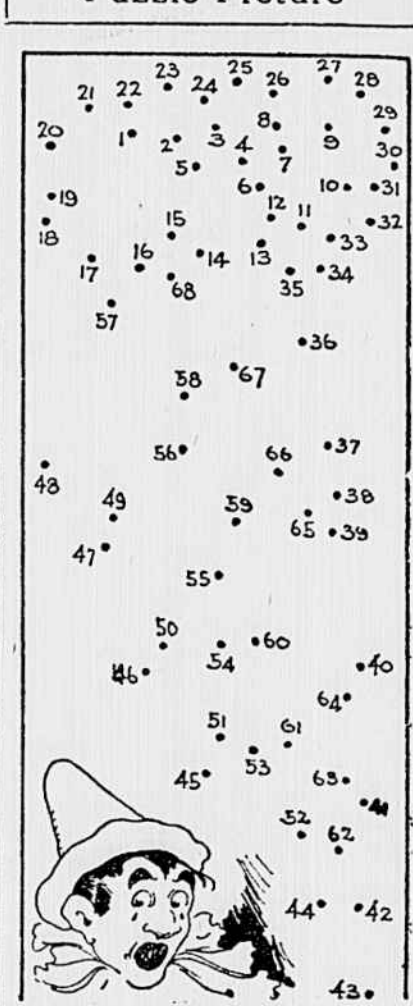
Our fine gold and platinum mountings are of the latest and most exclusive designs, and when quality is considered our prices are the lowest.

The Nowlan Company

Leading Jewelers,

921 East Main Street.

Puzzle Picture



What has Noodle drawn?
Draw from one to two and so on to the end.

DEADLOCK IN ACTORS' STRIKE

Efforts of Playwright to Reconcile Clashing Interest Prove Futile.

(By Universal Service.)
NEW YORK, August 20.—Efforts made by a group of playwrights to bring about a settlement of the differences between the striking actors and members of the Producing Managers' Association, were abandoned this evening after a committee of playwrights, headed by Eugene Walter, had conferred with representatives of the Actors' Equity Association and the managers.

Mr. Walter refused to divulge what had taken place at the conference, but said emphatically that efforts of his committee had failed to bring forth any suggestion of compromise from either side. The matter, he said, was ended so far as the playwrights are concerned.

Marc Klaw, Arthur Hopkins and Sam Harris followed the example of George M. Cohan today by resigning from the Lambs Club.

Will Increase Rates.
WASHINGTON, August 20.—Permission to file increased loading and handling charges for business at Providence, R. I., and Savannah, Ga., was given the Merchants and Miners' Transportation Company today by the interstate commerce commission.

THREE MILLION DOLLARS!

That's what it cost to perfect an instrument which would RE-CREATE music so faithfully that no one could tell whether it was the living artist he heard or the phonograph—when he heard one pitted against the other. Add to the three million dollars Thomas A. Edison's experience and genius and you see how much was required to evolve

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The C. B. Haynes Co., Inc.

Second and Broad Streets

ASK CLAIMS OF GREECE IN THRACE BE UPHELD

500,000 Americans of Greek Descent Protest Proposed Award to Bulgaria.

(By Associated Press.)
WASHINGTON, August 20.—The American peace commission was asked to sustain the claims of Greece before the peace conference in opposition to a proposal to grant certain privileges in Thrace to Bulgaria in a cablegram addressed to the chairman of the commission today by a delegation of the committee of the Friends of Greece, representing 500,000 Americans of Greek descent, which now is in Washington to urge their claims before the government.

The message asked whether "America will be instrumental in creating conditions in the Balkans which will inevitably bring war. It declared the claims of Greece with respect to Thrace, to be 'just and in conformity with the principle of self-determination and every consideration of humanity and of sane policy,' and asked the commission to support these claims 'in order that justice may be done the Greek nation.'"

STEEL WORKERS TO STRIKE; DATE NOT YET FIXED
Vote Canvassed by Delegates Holding Session Shows That 90 Per Cent Favored Walkout.

CHICAGO, August 20.—Ninety per cent of the steel workers on the question of a national strike voted in favor of a walkout, it was announced here this afternoon by W. Z. Foster, secretary-treasurer of the American Federation of Labor's committee on organization in the steel industry, which canvassed the vote today. Mr. Foster said that the committee now is taking up the matter of setting a date for the strike. The committee did not give out the number of votes cast.

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Don't let money stand in the way—come down to the "Store That Pleases," get the Phonograph you want, and we will arrange terms to suit you. No honest man or woman who loves music need go without. We will gladly demonstrate.

Sellers' Kitchen Cabinets

McKee and Leonard Cleanable

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New Process Gas Ranges

All Our Leaders

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Store Closing Hours:
Saturdays, 1 P. M.; Other Days, 5 P. M.

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BROAD AT FIFTH.

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You Need

Note these values. All Hall Runners are 27 inches wide.

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Axminster Hall Runners

9 ft. long\$11.95

12 ft. long\$13.95

15 ft. long\$17.95

Tapestry Hall Rugs

Seamless. Size 6 ft. by 9 ft.

\$13.50

Patterns and colors unsurpassed for the hall or small room.

EVERY HALL

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RUG

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Beauvais Hall

Rugs

Rich patterns, deep,

heavy, full, lustrous finish, seamless.

Size 6 ft. by 9 ft.

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